



RED BADGE

Standing Precision Position

Demonstrate A Parkour Roll

Stick a 4ft Standing Jump On Floor

Plyo Stick On Floor

Stride Jump On Floor

Hold Cat Hang For 10 Seconds

Demonstrate A Tac Jump

Step Through Vault

Speed Vault

Box Jump Precisions



BLUE BADGE

Jump From Head Height And Roll

Demonstrate Dive Roll

Lazy Vault

Stick Jumps 4ft Standing, 6ft Running

Roll Vault On Soft Box

Wall Run Onto Roof

Corner Vault

Dash Vault

Jump To Cat Hang

Lache Onto Box



GREEN BADGE

Head Height Jump To Hard Floor

Tac Precision To Box (3ft)

Reverse Vault

Wall Run Up Black Tall Box

Make A Line

Make A Parkour Line Containing At Minimum 8 Out Of These 10

Skills:

Dive Roll

Step Through Vault

Speed Vault

Lazy Vault

Corner Vault

Tac to Object

Wall Run

Lache Onto Object

Standing Precision Jump

Jump To Cat Hang



YELLOW BADGE

Cat Pass OR Kong Vault

Wall Run Above Head Height

Webster To Back

Climb Ups On Wall Above Head

Jump From Twice Head Height

Standing Pre (6-7ft)

Kash Vault (Kong + Dash)

Laché To Box (3ft)

Tac To Hard Box (5ft)

Plyo x2 (Both Bigger 6ft)

Cat Hang Return (3ft)



ORANGE BADGE

Climb Up Without Elbows

Box Palm Spin

Laché Pre To Hard Wall (5ft)

Kong Pre To Low Box (4ft)

Running Pre (8ft)

Dive Cat Pass Hard Box (Level From Take
Off)

Cat Hang Return (5ft)

180 Arm Jump (Cat Hang To Cat Hang)

Balance On Rail For 60 Seconds

Side Flip (Does Not Need To Land)

Lazy Vault Precision

Dash Vault Precision

Wall Run Flat Wall To Top Of Arm Span



WHITE BADGE

Stick Precision Jump To Rail (5ft)
Demonstrate A Wall Flip (Angle)
Demonstrate A Webster (Landed Off Box)
Cat Pass Precision Level (4ft)
Angle Wall Palm Spin

Make A Line

Make A Parkour Line Containing At Minimum 8 Out Of These 10

Skills:

Cat Pass

Jump From Twice Head Height

Tac To Hard Box (5ft or More)

Cat Hang Return

Palm Spin

Cash Vault

Wall Flip

Webster

Wall Run Above Head

Lache To Hard Box (5ft)



PINK BADGE

Double Kong Cat Pass

Backflip Flat Off Wall

Medium Precision At Height

Flyaway

Tac To Cat Hang (Large)

Valterri Vault

Frisbee

Hard Wall 180 Pre

10ft Running Pre

Demonstrate A Line With 1 Flip And New

Vaults

360 Cat Hang

Bigger Jump To Rail (7ft)

Arm Jump 180 Pre (6ft)

Gainer

Kong Pre To Cat Hang



PURPLE BADGE

Kick The Moon, J Step

Palm Flip

12ft Running Pre

360 Pre (6ft)

Kong Front

Kong Pre To Rail (5ft)

Scoot Full/Cork (Any Full)

Side Flip Precision (Small-Med)

9ft Standing Pre

Reverse Vault Pre (5ft)

Standing Pre (Droppy 8-9ft)